From: Philadelphia698-McKellop, Stephanie

To: DH, LTCRegs

**Subject:** [External] Regarding Rulemaking 10-221 (Long Term Care Facilities, Proposed Rulemaking 1)

**Date:** Saturday, August 28, 2021 11:45:00 AM



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To whom it may concern,

My name is Stephanie McKellop, and I am part of the Guest Services team at Promedica Skilled Nursing and Rehabilitation in Philadelphia, PA, at 1526 Lombard Street. I am typing this email on behalf of a long term care resident at our facility, Sharon Gorskey.

## Sharon states:

"My name is Sharon, and I am presently residing at Promedica in Philadelphia. I agree wholeheartedly with the proposed new legislation that there be more staffing in nursing homes, etc. and that the proposed 4.1 hour staffing minimum be implemented to help us receive the support and care we need and deserve. On most days here we usually only have two nurses, which to me is appalling. Sometimes at night we only have two CNAs, which is really mind-blowing, because we have 60 beds on this unit and we are almost always full with residents. This means many people are neglected, let's face it. It disturbs me on a personal level because my roommate is indigent, and while I am very independent, she cannot speak up for herself on her own about her needs. She has been my roommate almost 17 months. I am not the type of person who can just sit around and be okay with the lack of attention I witness her receiving. So I feel that this is a good platform for me to help my roommate and others be heard. There are many people on the LTC unit who cannot speak up for themselves for many reasons (sometimes they sleep a lot, sometimes they have dementia, sometimes they have no family or anyone to help speak up for them). I currently have an ombudsman who gave me a written statement informing me about the potential for this change in regulations regarding staffing and hours. I will try to find others to speak up if they can, but since I just received this notice from Michael, my ombudsman, I am doing the best I can to be heard. I am pleased that the Department of Health is finally proposing to update the nursing home regulations to a more ethical and practical standard of care, as these changes are very long overdue. Thank you for your time and for considering all that I have written to you. If for any reason you need to contact me, please email Stephanie, as I do not have an email.

Good luck in your endeavors, Sharon"

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